



THE RĀHULA TRUST

(Child Sponsorship Programme)

Registered Charity No. 1075742

2010

PROGRESS REPORT FOR 2010

The Rahula Trust helps over 400 children in Sri Lanka through our educational sponsorship programme. A total of 42 students have now progressed to University, which is a fantastic achievement for them, and is a credit to our sponsors who gave them this opportunity.

The number of children we are sponsoring has actually decreased during the year. There are two main reasons. First, some children have completed their education successfully and have now left their school or university. We are happy that they have completed their education successfully. Sadly, we have had to discontinue sponsoring some children who have not shown the necessary commitment to their education.

At the moment there are insufficient sponsors for each and every child in need of support. For the time being we are making up this shortfall from the Trust's general reserves. The Trustees are keeping a watchful eye on the situation and are confident that at present there is no danger of our having to discontinue a child's support due to the lack of a sponsor. This does not mean, however, that we would not welcome new sponsors! Please contact the Secretary. The cost of sponsorship is £12 per month.

We are continuing to support the Metta Centre and the Samyak Youth Group in Nepal. The Samyak Youth Group have sent us a report on the progress of the children.

We have continued our support of three projects in Sri Lanka: at the Viharamahadevi home we increased slightly our level of support. Secondly, the project at Ranchamadama

was visited by some of the trustees who were pleased with what they saw. Thirdly, the pre-school project at Tawalama is functioning well. If you would like to see some photos, please visit our website, www.rahula-trust.org.

We started to support two new projects in Sri Lanka in Anuradhapura and Matale. A detailed report can be found on page 2.

We donated £1,000 to Nyumbani in Kenya to buy more chairs and desks for their school.

Alan Michell continued to support the Trust with his annual sale of art in the International School in Brussels. This year he raised Euro 1500.

Navindu Katugampola ran a marathon to raise money of which he donated £500 to the Trust. This amount was matched by his employers, Morgan Stanley, to increase the figure to £1,000.

Pat Smith produced a CD on the practice of Buddhist meditation and

kindly donated the proceeds of sales to the Trust. She raised £1,314 in total.

Johnny and Kirraly Morris held their wedding at the London Buddhist Vihara. They asked their friends not to give them presents but, instead, to make donations to the Trust. This generous gesture raised £2,560, and it will be matched by a similar donation from Kirraly's employers.

The Abhayananda and Swarna Perera Trust continued to make an annual donation. The sum this year was Rs.36,000 (£200).

To all the kind people involved in these projects and to our many other supporters who have donated money or given their time so generously, we extend our sincere thanks and appreciation. If you have any friends who you think might be interested in the work of the Trust, please tell them about us. New support is always welcome. If you would be willing to organise an event or any kind of fundraising activity on behalf of the Trust, please contact us.



COLOMBO MARATHON 2010

3rd October 2010, Benjamin Mclean, a law student at Cardiff University and a professional athlete, ran the Colombo Marathon and raised over £2,300 much-needed funds for the Rahula Trust. The run was 26.2 miles through the Sri Lankan capital. We give our thanks to him and all the supporters who sponsored him. It was a great effort!

Education Development Project- - Matale & Anuradhapura



Background

Though children in Sri Lanka benefit from free education, there are still children living in underserved, remote and difficult areas for whom proper education is a dream. While working in such areas with children and their families the Siddhartha Child Development Foundation (SCDF) has identified Wilgamuwa education zone in Matale district and Kebithigollewa education zone (Welioya & Padaviya division) in Anuradhapura district where children are struggling to learn without proper help. They are seriously backward with respect to four core subjects namely English, Mathematics, Science and Sinhala. It has been the intention to provide a learning-support facility for these children to study the above key subjects. The Rahula Trust has contributed 33% of the cost of these projects.



Our Approach

Classes are conducted every Saturday at 3 centres in Wilgamuwa zone & one centre in Welioya with the help of graduate teachers. A management committee was established for monitoring and other supportive work. Project coordinator and Mobilisers of SCDF visit the students regularly and the Executive Director visits the students quarterly. Students' awareness programmes, parents' awareness programmes, and supporting

children's libraries are also done simultaneously.

Wilgamuwa, Matale District

We initiated the coaching classes on the 8th of May for a total of 497 students from 10 schools in Wilgamuwa education zone covering grades 6, 7 and 8.



The programme is progressing successfully. The attendance of the students is at a high level. They are taught in a free and friendly environment and all the courses are based on the activities. The term tests were held in December and we hope to see the progress of our students' performances.



As a part of the awareness programmes, home visits are done by the mobiliser and project coordinator once a week. During home visits, they discuss the progress and weaknesses of the child and other problems related to their education. Moreover, parents' and teachers' meetings are held every month. They are made aware of our programme with discussion on its progress and benefits.

Library facilities development: We provided new books to Wilgamuwa SCDF main library in order to develop the library facilities.



Welioya, Kebithigollewa zone, Anuradhapura District

We initiated the coaching classes on 18th of September for 110 students from 5 schools in Welioya education division covering grades 6, 7 and 8.

Conclusion

The Education development projects in Wilgamuwa & Welioya are successfully progressing. 607 students in 15 schools have benefited from the programme. Students are actively participating in the coaching classes and they are continuing their studies happily. We hope to see progress in their performances in the last December term test. Students' and parents' awareness sessions are conducted regularly and various programmes have been launched according to the decisions taken in these sessions.



Library facilities are also developed under this project and students have been motivated to obtain maximum benefits from the facilities provided.

Summary of Expenses for Projects in 2010

Sponsorship Sri Lanka	£53,766
Viharamahadevi orphanage Anuradhapura & Matale	£3,117
Teaching Project	£4,803
Tawalama Pre-School	£1,178
Ranchamadama Project	£3,734
Sponsorship Nepal	£1,500
Nepal - Metta Centre	£1,000
Kenya - Nyumbani project	£1,000

ENGLISH COUPLE USE WEDDING TO HELP A SCHOOL IN SRI LANKA

Johnny Morris and Kirrily Graham were married at the London Buddhist Vihara on 28th August 2010. They have sponsored children



A total of over GBP 5000 (900,000 SL Rupees) was received from some very generous guests!



through the Rahula Trust for many years, and were aware how much impact a small donation can have on a child's future. They decided that rather than asking for wedding gifts from their guests, they invited guests to make a donation to the Rahula Trust on their behalf. Kirrily's employers' agreed to match any donation made, effectively doubling the value of the total donation to the Rahula Trust.

The Rahula Trust suggested that the money could be used to help with the continuation of the Education Development Project - Rathnapura District - Embilipitiya Zone - Ranchamadama in Sri Lanka. This is a project that the Trust has been supporting in partnership with the Siddhartha Foundation.

Johnny and Kirrily spent their honeymoon in Sri Lanka and were invited

to visit the school for an afternoon. They met Mrs Nilani Weragoda of the Siddhartha Foundation and were introduced to the teachers and volunteer helpers over traditional Sri Lankan snacks and, of course, some tea. After tea, the children gave a



performance for the two visitors which included songs, dances and some very impressive speeches in both English and Sinhalese.

RAHULA TRUST VISIT TO SRI LANKA

2010, one of the Rahula Trust trustees, Prof. Rohan Kariyawasam, visited Sri Lanka. He had the opportunity to visit three Rahula Trust projects in Wilgamuwa and Padaviya (Anuradhapura border) in the north, and Ranchamadama in the south. Also, Prof. Kariyawasam was there to support Ben McClean, the British athlete who completed the Colombo Marathon in support of the Rahula Trust and to which many of our supporters very graciously contributed.



Prof. Kariyawasam describes the journey to Wilgamuwa, and particularly Padaviya as being long and difficult. 'Young children often have to walk miles barefoot or be transported by means of a two-stroke tractor to get to school,' he says. Often in the monsoon season, the roads are waterlogged or are riddled with pot-

holes making the travelling arduous. But he describes the schools as delightful. 'When I got to Padaviya, on the northern border of Anuradhapura, and which had just emerged from a long period of civil conflict, I was amazed at how the children coped



with the tension from several years of armed conflict. Many had stories to tell of the loss of parents, brothers, sisters and other family members because of the civil war. The school obtained protection from a nearby army camp and each day soldiers would patrol. Nevertheless, he describes how the school has emerged from this difficult period and through the support of the Rahula Trust is now helping to further educate its young children with specialist tutors in English, Mathematics and Science. Also, in schools at Wilgamuwa, the Rahula

Trust has been instrumental through the help of the Siddhartha Child Development Foundation in organising Saturday tuition for several classes of pupils between the ages of 5 and 16. The pictures below show classes both at Wilgamuwa and Padaviya. Also shown is the local school transportation system in Ranchamadama. In Ranchamadama, the schooling and situation is quite different to the schools supported by the RT in the north. Ranchamadama is one of the first RT school projects and has now been successfully running for just over two years. The results are



now beginning to show very significant dividends with large numbers of students attending the group tuition classes each Saturday.

The Rahula Trust Summarised Accounts Year ending 30th September 2010

	Unrestricted Funds £	Restricted Funds £	Total 2010 £	Total 2009 £
INCOMING RESOURCES				
Donations, Sponsorship, Gift aid	22,991	38,588	61,579	57,406
Investment income	935	18	953	4,894
Total incoming resources	23,926	38,606	62,532	62,300
RESOURCES EXPENDED				
Costs of generating funds	174	347	521	620
Charitable expenditure	31,570	40,031	71,601	65,445
Management and administration	338	-	338	303
Total resources expended	32,082	40,378	72,460	66,368
Net incoming resources	(8,156)	(1,772)	(9,928)	(4,068)

The financial information has been extracted from the annual accounts. For further information please ask the Secretary for the full annual report and accounts and examiner's report.

OBITUARY

We would like to record with sadness the passing away of Mr. Bandula Rajaratna a very good friend of the Rahula Trust on 9th April 2011 after brief illness. His funeral was held on 18th April 2011 at Croydon Crematorium amongst a large gathering. He is survived by his loving wife Kerthi and daughter Kanchana.

The family requested friends to make donations to the Rahula Trust and so far £375.00 has been received.



Trustees of the Rahula Trust:

Ven. Tawalama Bandula
Mr. Martin Evans
Prof. Rohan Kariyawasam
Dr. Robert Parsons, M. B. E.
Mr. Richard Jones
Mrs. Pat Smith

Rahula Trust Office:-

22 Ridge Lea
Hemel Hempstead
Herts HP1 2AZ

Tel: (020) 8995 9493
Fax: (020) 8994 8130

e-mail: secretary@rahula-trust.org

Web site: www.rahula-trust.org

Designed and typeset by Ven. T. Bandula

PROJECT COLOMBO



Strand Marketing is calling on all of us to donate unused PCs or Laptops, which will be:

- cleaned of old software and files
- loaded with licence-free applications
- shipped to Sri Lanka at no cost via a courier partner
- delivered to schools under the Trust's administration.

Any equipment that is not suitable for transportation (such as large monitors) will be sold and the proceeds will be paid to the Trust.

**If you wish to donate any equipment please phone David Harris
Strand Marketing on 020 7938 0817.**

Project Colombo was started by Johnny Morris to send computers to Sri Lanka. The first shipment was sent to Siddhartha Foundation to use in the project Rahula Trust is sponsoring in Ranchamadama.

You can help a child in need. Become a sponsor today...

Sponsorship costs just £12 a month but all donations are welcome!

A small regular donation of £12 per month can make the world of difference to the quality of education a child receives thousands of miles away. Every child should have the opportunity to receive an education, but without assistance, many children will remain uneducated and, as adults, be unable to rise above poverty.

Each child sponsored through The Rahula Trust is assigned to one sponsor. If a sponsor ceases his/her support, we seek a new sponsor for the child.

How to give:

- **STANDING ORDER** *(this is easiest way to give)*
 - Paying by standing order is easy to set up and means you don't have to keep remembering to send off cheques.
 - It is also beneficial for the Rahula Trust because it reduces administration costs.

A standing order is the preferred method of payment for child sponsorship. Please complete the form.

ALTERNATIVE WAYS TO PAY -

If you are not able to pay by Standing Order:

- **CHEQUE/POSTAL ORDER (Please make payable to the Rahula Trust)**

Gift Aid

If you are a taxpayer, your gift can be increased by 25%. Please complete the Gift Aid declaration and we will recover 25p for every pound you give.

Legacies:

Gifts made to the Rahula Trust in your Will are free from inheritance tax. This is a wonderful way to give and generate *metta* at a time when material possessions are no longer necessary.

In Sri Lanka:

If you would like to give donations in Sri Lankan Rupees to the Rahula Trust please send your cheque/postal order or money payable to **Rahula Trust A/C No. 1-0001-01-02601 to:- The Chief Manager, National Savings Bank, Head Office Branch, Colombo 3, Sri Lanka.**

If you have recently donated please accept our thanks and hopes for your continued support in the future.

SINGLE DONATIONS

For a single donation, please make a cheque payable to THE RAHULA TRUST. Please tick one of the following boxes.

£ 10 Only £ 20 Only £ 50 Only Any other amount.....

Name of donor:.....

Address:.....

..... Post Code..... Tel:.....

Please sign the Gift Aid Declaration.



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STANDING ORDER

The Manager (Name of your bank).....

Address: (Address of your bank).....

.....Post Code.....

Please credit **THE RAHULA TRUST** Account No: **80006000** Sort Code: **40-50-56**
BANK OF CEYLON, 1, Devonshire Square, London EC2M 4UJ

The amount of: £..... (£.....) monthly/ quarterly/annually*.

[The suggested sponsorship for one child is £12/month. Please enter the amount you want to give in words and figures.]

Please debit my Account No.Sort code.....

starting on (insert date) or immediately on receipt of this order whichever is the later date.

Signature Date.....

Name of Account to be debited:.....

Home Address.....

.....Post Code..... Tel.....

* Please delete as appropriate.

PLEASE RETURN THIS FORM TO THE RAHULA TRUST, NOT TO YOUR BANK. THANK YOU.

GIFT AID DECLARATION

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To enable the Rahula Trust to claim back the tax already paid on your donation(s) please complete this form and return it to THE RAHULA TRUST, 22 Ridge Lea, Hemel Hempstead, Herts, HP1 2AZ.

THE RAHULA TRUST

Please treat all donations that I have made in the past 6 years and all future gifts of money that I make from the date of this declaration as Gift Aid donations.

Title Forename:.....

Surname:

Home address:

..... Postcode.....

Signature Date

You must pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April one year to 5 April the next) that is at least equal to the amount of tax that the Rahula Trust will reclaim on your gifts for that tax year.

Please notify the Rahula Trust if you: 1. Want to cancel this declaration. 2. Change your name/home address. 3. No longer pay sufficient tax on your income and/or capital gains.

If you pay income tax at the higher rate, additional tax relief is due to you. In order to claim this you must include your Gift Aid donations on your Self Assessment tax return.