



THE RĀHULA TRUST

(Child Sponsorship Programme)

Registered Charity No. 1075742

2016

PROGRESS REPORT FOR 2016

We are happy to say that the Rahula Trust is continuing with its activities due to your generous support for the last 18 years. It has gone from strength to strength and we have been able to support many children during their education. This year 72 children completed their studies. Some of them completed university and some of them finished their education after the Advanced level examinations. We have started sponsoring 52 new children this year and we are in the process of selecting more children to be sponsored. We have increased the monthly amount for School students from Rs2000.00 to Rs.2800.00, and for University students from Rs.3000.00 to Rs.4000.00 per month.

Other Projects: We continue supporting the Samyak Youth Group and the Metta Centre for the Girls in Nepal. We have continued our support for Viharamahadevi Girls Home by arranging extra tuition classes, and for the pre-school project at Talwalam. We support a project managed by the SERVE centre in Moratuwa, and we donated needy school accessories to 201 students and some white boards to Mava/Dunukewala Maha Vidyalaya.

We have donated money for braille machines for the blind school in Dar es Salaam, Tanzania, and also to de-



Sponsored children in Mahiyanganaya, Badulla District

velop library facilities in Paleng, Lesotho.

Fund-raising and donations:-

Every year, Alan Michell at the St John's International School in Brussels has kindly organised an Art Exhibition and Auction with his students. In 2015 they raised £2,129.50 and in 2016 they raised £794.57. We are most grateful to Alan and his students for their continuing efforts to support the Trust.

Pat Smith donated over £550.00 to the Rahula Trust from donations received from her healing programme.

Donations: £500.00 Mr J Abeyratne, in memory of Mrs Malathi Abeyratne, £400.00 Mr & Mrs N Karuna Pathmage, £750.00 Mr & Dr Mrs D M Makalanda, £500.00 Mrs D I Ramesh & Mrs Gnana Kodituwakku, £250.00 Dr M S Coxhead, £1000.00 Anonymous donor, £300.00 Mrs Vourneen M Doyle, £500.00 The Anonymous Donor Trust, and £250.00 Mr Nihal & Vajira De Silva

Gift Aid: During the year we received £12,164.88 from Her Majesty's Revenue and Customs under the Gift Aid scheme. This is a significant amount of money and we ask anyone who has not yet signed a Gift

Aid form please to do so. It makes a substantial improvement in our income without costing the donor a penny.

Appeal: We have kept our monthly sponsorship at £12.00 for the last few years. How-



Sponsored children in Kurunegala District

ever, several factors are affecting the value of this gift. The cost of living in Sri Lanka continues to increase. For a while we were able to offset this by increasing, as mentioned earlier, the amount of rupees paid to each school student per month. This has been increased from Rs. 2000 to Rs. 2800 and for University students from Rs.3000.00 to Rs.4000.00 per month in the year 2015. This was funded partly by a beneficial exchange rate and partly by drawing on funds from our reserves. Recently, due to Brexit or other reasons, the value of the pound against the rupee has fallen sharply. We do not wish to decrease the amount in rupees paid to each child, therefore the Trustees have reluctantly decided to ask each sponsor to increase the amount of the monthly donation to £15.00. How should this be done? If you are willing to increase the size of your monthly donation, would you please request your bank to increase it or sign a new standing order (enclosed) and return it to the Trust. Thank you for your understanding and generosity. We should like to emphasise that we continue to monitor our administrative costs very closely and the full value of this increase will be passed on to the child.

By becoming a Child Sponsor today, YOU can ensure that one less child has to suffer the handicap of a poor education.

PROVISION OF SCHOOL EQUIPMENT TO 201 NEEDY CHILDREN



The Rahula Trust distributed school accessories to 201 students and supplied white boards to the class rooms in Dunukewala Maha Vidyalyaya, Hiriwadunna, Kegalle District on 30th November 2016.



Report: Ithuteng children's community library, September 2016



Marion reports on the Ithuteng children's community library in Paleng, Lesotho.

Ithuteng Library has been open since April 2016. It is situated in the village of Khorong, and also serves the children of three nearby villages in the Malea-lea valley. The library is open twice a week. We have done some minor renovations to a small house, which is kindly on loan to us by a local man for the purpose of the library. The village chief continues to support the library, and visits from time to time. One of his grandchildren is a regular attender. We have bought a number of items for the library using Rahula Trust funds. These include:

- * A wall clock for the use of the librarian, but also to teach children how to tell the time, many of them have no idea.
- * Boarding for the shelves. The shelves are made of poles and the book boxes do not always sit well on these, so we bought some shelving to stabilise the boxes.
- * We bought new glass for the windows which got broken during the snow, and a glasscutter, as the windows are not of standard size, as well as nails to secure the door more carefully.
- * The outside space is a dusty area, so they bought lengths of thick plastic sheeting to spread out for the children to play on. This makes the children more comfortable and keeps the toys and games cleaner.
- * We also bought 'M'e Mapaballo (the librarian) a new pair of sturdy shoes. She has moved home to another village and now has quite a walk to Ithuteng twice a week, which is very rough on shoes! Apart from books and toys, we were also donated some small items such as scissors (including scissors for the left-

handed children) wax crayons, and a basket to keep balls and related games in. We have on average an attendance of between 20 and 30 children every week, the majority of whom are girls. We feel that Paleng needs to continue to give time and effort to Ithuteng before they even begin to think of opening another satellite library. We would rather do the work well and build a solid base with our regular children, than spread ourselves too thinly, which will affect the quality of our work and hence what we offer to the children.

We are deeply grateful to the Rahula Trust for making this little resource possible. It serves as a much-needed access point for rural children who would otherwise never have the opportunity to play, to stretch their imaginations and intellectual skills, and to read for pleasure, all the while practising reading, which is a cornerstone of their education.

More information:
<http://paleng.weebly.com/news/new-library-in-khorong>



PRE-SCHOOL TAWALAMA

Annual prize giving of the Germunu Pre-school which is supported by the Rahula Trust was held 2nd December 2016 and the Secretary and the local representative of the Rahula Trust attended that event.



Report on the SERVE Centre in Moratuwa from January – October 2016

Introduction The SERVE 'Home away from Home for Children' Resource Centre is based at Uswatte in Moratuwa. It is situated adjacent to the SERVE Head Office. The centre provides facilities and services to children living in the environs, which is along the coastal belt of Uswatte, Moratuwa in a safe and child-friendly environment. The centre is open from 2.00 p.m. to 5.30 p.m. on school days and from 9.00 a.m. – 5.00 p.m. on Saturdays and school holidays. It is closed on Full Moon Poya days, Sundays and Public holidays. Any child who



wishes to avail themselves of the facilities and services available is welcomed to the centre. There is a membership of 62 children at the Moratuwa centre and 16 – 22 children attend the centre daily.

Facilities available: The centre is equipped with a small library stocked

with education-related, reference books as well as fictional books, mainly in Sinhala, with a few books in English and Tamil. Children's newspapers are also provided for the use of children. These children's newspapers contain education-related articles, activities for children as well as fictional articles, providing much entertainment. Indoor board games such as carrom, draughts, ludo, snakes and ladders, and chess are also available for the enjoyment of the children. The outdoor compound is equipped with 2 swings, a see-saw, a mat slide as well as a climbing frame. The centre is also equipped with a large study table and children are encouraged to bring their school books and attend to their school-based homework assignments with the support of the centre coordinator. They are also assisted to improve their literacy levels through writing practice when required.

Our Gratitude: The management and beneficiaries of SERVE are truly grateful to Rahula Trust for coming forward to support the operation of the Children's Resource Centre at Moratuwa. It is of great benefit for children from the environs, as it provides a safe and child-friendly space for children to spend their leisure time engaged in productive and enjoyable activities, whilst interacting with other children in the community.



We hope that Rahula Trust will continue to support our endeavours to be of service to children of the community, many of whom are from economically difficult backgrounds.

SERVE - Rahula Trust Project Expenditure from Jan to Oct 2016

Budget Line	Expenditure
Art Materials	12,300.00
Educational / Newspapers	12,340.00
Teacher Salaries	153,400.00
Educational Materials / School Uniforms	51,500.00
Electricity / Sundry	17,017.50
Child Rights Awareness	15,850.00
Total Expenditure	Sri Lankan Rs. 262,407.50

YOU can make the difference.

If you cannot afford to make a big donation, but would still like to make a difference, then child sponsorship is one of the easiest and most effective ways to do so! You just set up a monthly standing order of £15 (that's just 50p a day) and help a child receive an education! Sponsoring a child also allows you to see the big difference you make in a child's life! You receive regular updates on the child's progress.

No deductions are made from the sponsors' payments for administration. We are very grateful for work done by volunteers in our England office and Sri Lanka, which helps keep our costs low. 100% of all sponsorship payments therefore go to the charity's work for the sponsored child. Our child sponsorship scheme ensures that your donation will go directly towards improving the education of your sponsored child.



Sponsored children in Nepal



Sponsored children in Galle District



Sponsored children in Colombo District



Sponsored children in Kekirawa



Sponsored children in Padavi-Sri Pura, Anuradhapura District

The Rahula Trust Summarised Accounts

Year ending 30th September 2016

	Total 2016 £	Total 2015 £
INCOMING RESOURCES		
Sponsorship	55,355	50,167
General Donations and Gift Aid	25,859	26,143
Investment income	687	596
Total incoming resources	81,901	76,906
RESOURCES EXPENDED		
Costs of generating funds	1,354	1,351
Charitable expenditure	78,252	73,609
Management and administration	339	374
Total resources expended	79,945	75,334
Net incoming resources	1,956	1,572

The financial information has been extracted from the annual accounts. For further information please ask the Secretary for the full annual report and accounts and examiner's report.

Financial review - 2016

The Trust's work is entirely funded from voluntary donations and Gift Aid. Our total income increased to £81,901 (2015: £76,906). Sponsorship income increased to £55,355 (2015: £50,167). It is encouraging to see that sponsors are not only willing to continue sponsoring children but also that new sponsors are coming forward.

Expenditure on sponsorship increased this year to £69,062 (2015: £60,230).

In addition to providing educational sponsorship to children, we have continued to provide grants to projects such as providing teachers for after-school tuition and libraries, computers and other equipment in schools, and these amounted to £10,960 (2015: £12,958).

Our Trustees continue to demonstrate their commitment to the charity both by providing financial support and donating their time in administering the charity.

We are proud to be able to state that 100% of funds raised from our donors are used for the benefit of the children, as all work for the Trust is done on a voluntary basis. (Martin Evans - Treasurer - 20 January 2017)

OBITUARIES

We are sad to report the passing away of Mr D P Hettiaratchi and Miss Jayanthani Hettiaratchi, both long-standing supporters of the Rahula Trust. We appreciate their support and wish them peace.

OUR THANKS

We wish to express our sincere thanks and appreciation for the support we receive, both in money and in time, from so many generous people. Without your support the Trust could do nothing and we are deeply grateful for the many forms of support we receive.

Summary of Expenses for Projects in 2016

Sponsorship Sri Lanka	£65,225
Viharamahadevi Children's Home	
Teaching Project	£3,221
Tanzania School for the blind	£1,197
Tanzania - HOCHIDT	£1,400
Tawalama Pre-School	£1,524
Sponsorship Nepal	£1,750
Sri Lanka - SERVE	£1,500
Paleng Children's Centre	£1,500



Trustees of the Rahula Trust:

Ven. Tawalama Bandula
Mr. Martin Evans
Professor Rohan Kariyawasam
Dr. Robert Parsons, M. B. E.
Mr. Richard Jones
Mrs. Pat Smith

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Web site: www.rahula-trust.org

Designed and typeset by Ven. T. Bandula

You can help a child in need. Become a sponsor today...

Sponsorship costs just £15 a month but all donations are welcome!

A small regular donation of £15 per month can make the world of difference to the quality of education a child receives thousands of miles away. Every child should have the opportunity to receive an education, but without assistance, many children will remain uneducated and, as adults, be unable to rise above poverty.

Each child sponsored through The Rahula Trust is assigned to one sponsor. If a sponsor ceases his/her support, we seek a new sponsor for the child.

How to give:

- **STANDING ORDER** *(this is easiest way to give)*
 - Paying by standing order is easy to set up and means you don't have to keep remembering to send off cheques.
 - It is also beneficial for the Rahula Trust because it reduces administration costs.

A standing order is the preferred method of payment for child sponsorship. Please complete the form.

ALTERNATIVE WAYS TO PAY -

If you are not able to pay by Standing Order:

- **CHEQUE/POSTAL ORDER (Please make payable to the Rahula Trust)**

New Gift Aid scheme

On 6th April 2000 a new and much simplified Gift Aid scheme came into operation. If you are a taxpayer, all you have to do is complete the declaration and return it to us. This will enable us to recover nearly 25p in tax for every £1 you give, on any payments you make to The Rahula Trust in the future.

Charitable Bequests:

Gifts made to the Rahula Trust in your Will are free from inheritance tax. This is a wonderful way to give and generate *metta* at a time when material possessions are no longer necessary.

In Sri Lanka:

If you would like to give donations in Sri Lankan Rupees to the Rahula Trust please send your cheque/postal order or money payable to **Rahula Trust A/C No. 1-0001-01-02601 to:- The Chief Manager, National Savings Bank, Head Office Branch, Colombo 3, Sri Lanka.**

If you have recently donated please accept our thanks and hopes for your continued support in the future.

SINGLE DONATIONS

For a single donation, please make a cheque payable to THE RAHULA TRUST. Please tick one of the following boxes.

£ 10 Only £ 20 Only £ 50 Only Any other amount.....

Name of donor:.....

Address:.....

..... Post Code..... Tel:.....

Please sign the Gift Aid Declaration.



THE RAHULA TRUST

(Child Sponsorship Programme) ,
22 Ridge Lea, Hemel Hempstead, Herts. HP1 2AZ
Registered Charity No: 1075742

STANDING ORDER

The Manager (Name of your bank).....
Address: (Address of your bank).....
.....Post Code.....

Please credit THE RAHULA TRUST Account No: 80006000 Sort Code: 40-50-56
BANK OF CEYLON (UK) LTD,
1, Devonshire Square, London EC2M 4UJ

The amount of: £..... (£.....) monthly/ quarterly/annually*.
[The suggested sponsorship for one child is £15/month. Please enter the amount you want to give in words and figures.]

Please debit my Account No.Sort code.....
starting on (insert date) or immediately on receipt of this order whichever is the later date.

Signature Date.....

Name of Account to be debited:.....
Home Address.....
.....Post Code.....Tel.....

* Please delete as appropriate.
PLEASE RETURN THIS FORM TO THE RAHULA TRUST, NOT TO YOUR BANK. THANK YOU.



THE RAHULA TRUST

UK Registered Charity Number 1075742

Boost your donation by 25p of Gift Aid for every £1 you donate. Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

Gift Aid declaration

I want to Gift Aid my donation of £ _____ and any donations I make in the future * / I made in the past 4 years * (* please delete if not applicable).

I am a UK taxpayer and understand that if I pay less Income Tax and / or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Donor's details

Title Forename

Surname.....

Home address:

..... Postcode.....

Signature Date

Please notify us if you:

- want to cancel this declaration
- change your name or home address
- no longer pay sufficient tax on your income and/or capital gains

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Please send the completed Gift Aid form by post or email to:
THE RAHULA TRUST, 22 Ridge Lea, Hemel Hempstead, Herts. HP1 2AZ. Email address: rahulatrust@gmail.com